

Equipment List – C1 & C2 Training Groups

Required Training Equipment

2 x Goggles (Ex: [Arena Track Jr](#) / [Speedo Jr Vanquisher](#))

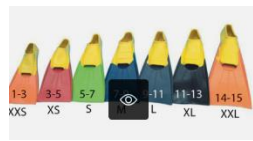


YES



AVOID

Training Fins (Ex: [TAS Color Keyed Fins](#) / [FINIS Long floating fins](#))



YES



AVOID

Front-mount Swim Snorkel – NO purge valve (Ex: [Arena Swim Snorkel Pro](#) / [Speedo Bullet Head snorkel](#))



YES



AVOID

2 x Swim Suits – must fit TIGHTLY, Polyester blend HIGHLY recommended for longevity



YES – any print or color



AVOID – extra ruffles, bikinis



YES – any jammer or brief style / color



AVOID – board shorts / loose suits

Please avoid purchasing suits to “grow into” – too large suits will hinder your swimmer’s movement in the water, will fall down / off when diving and will make them feel heavier when swimming. Suits must fit VERY snugly when you purchase them

Optional Equipment

Junior size kickboard (Ex: [TAS Jr Rigid Kickboard](#) / [WAY FUNKY Kickboard](#) / [Speedo Jr Team kickboard](#))



Extra FUN swim caps for practices – SILICONE recommended



Mesh equipment bag – helps to carry & dry out equipment

